# **WORKSHOP ANNOUNCEMENT**

# **Motivational Interviewing**

This workshop covers communication skills that establish and maintain rapport with clients. Participants learn skills that help elicit information while motivating clients.

# **Topics include**

- the interview as an art and skill
- active listening
- nonverbal behavior
- building rapport
- attitudes, behaviors and value judgments that affect the worker-client relationship
- dealing with strong emotions
- discussing difficult topics, such as domestic violence, mental health, and use of drugs and alcohol
- maintaining professionalism and confidentiality

As a result of this workshop participants have a better understanding of how to be objective and non-judgmental when dealing with clients. They also learn ways to respond to difficult situations in a professional yet sensitive manner, effectively establishing a strong and positive rapport with clients.

Course meets the qualifications for 12 hours of continuing education credit for MFT's and/or LCSW's as required by the California Board of Behavioral Sciences. Our provider number is: PCE 577.

Provider approved by the California Board of Registered Nursing, Provider Number is 00046 for 12 contact hours.

#### Instructor

Ali Hall, J.D., M.I.N.T., delivers training on motivational interviewing and evidence-based practices to behavioral health and criminal justice professionals. Hall is a certified trainer with the Motivational Interviewing Network of Trainers. Previously, she served as director at a behavioral health agency working in incarcerated and community-based client settings. She also practiced employment law in San Francisco and Los Angeles and worked as a special project assistant for the Office of Management and Budget and the U.S. Department of Labor in Washington, D.C.

## **Date and time**

Wednesday & Thursday December 8 & 9, 2010 9:00 a.m.-4:00 p.m.

## Location

Auburn Justice Center, 2929 Richardson Dr, Auburn

# For more information or to enroll

**To enroll:** CSOC & ASOC staff, please register online using the Trilogy e-learning web page <a href="https://elearning.networkofcare.org/PlacerCAHHS/">https://elearning.networkofcare.org/PlacerCAHHS/</a>

All others, please register by contacting Mary Ann Medeiros at (530) 886-2865 for more information.



